

Worksheet 1

Bhagavad Gita, 16.7

*pravrttim ca nivrttim ca  
jana na vidur asurah  
na saucam napi cacaro  
na satyam tesu vidyate*

**Translation: Those who are demoniac do not know what is to be done and what is not to be done. Neither cleanliness nor proper behavior nor truth is found in them.**



*Cleanliness*  
*is next*  
*to*  
*Godliness*

Worksheet 3

AFTER EATING

AFTER EATING

IN  
THE  
TEMPLE

IN  
THE  
HOUSE

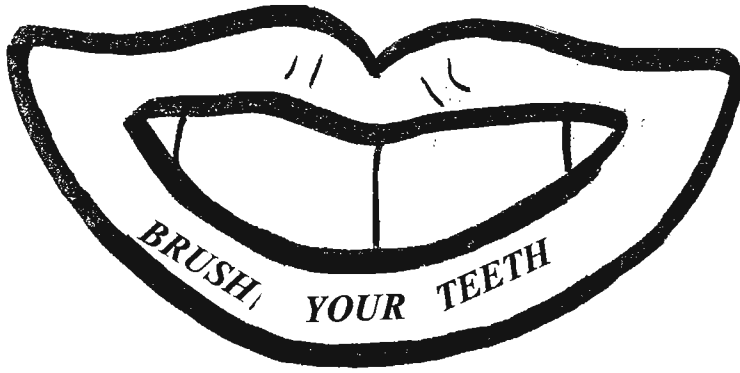
AFTER TOUCHING  
YOUR MOUTH

AFTER USING  
THE REST ROOM

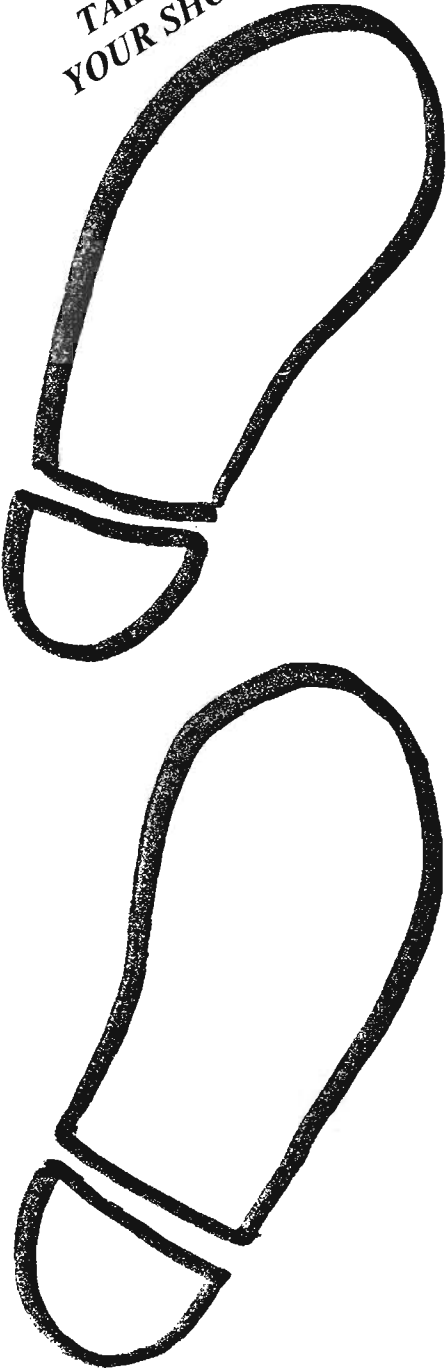
EVERY  
DAY

AFTER TOUCHING  
SOMETHING DIRTY

BEFORE SERVING YOURSELF  
MORE PRASADAM



TAKE OFF  
YOUR SHOES...



WASH YOUR  
HANDS...

THE DIRTIEST MAN IN THE WORLD

Oh I'm Dirty Dan, the world's dirtiest man,  
I never have taken a shower.  
I can't see my shirt—it's so covered with dirt,  
And my ears have enough to grow flowers.

But the water is either a little too hot,  
Or else it's a little too cold.  
I'm musty and dusty and patchy and scratchy  
And mangy and covered with mold.  
But the water is always a little too hot,  
Or else it's a little too cold.



I live in a pen with five hogs and a hen  
And three squizzly lizards who creep in  
My bed, and they itch as I squirm, and I twitch  
In the cruddy old sheets that I sleep in.

If you looked down my throat with a flashlight, you'd note  
That my insides are coated with rust.  
I creak when I walk and I squeak when I talk,  
And each time I sneeze I blow dust.

The thought of a towel and some soap makes me howl,  
And when people have something to tell me  
They don't come and tell it—they stand back and yell it.  
I think they're afraid they might smell me.

The bedbugs that leap on me sing me to sleep,  
And the garbage flies buzz me awake.  
They're the best friends I've found and I fear they might drown  
So I never go too near a lake.

Each evening at nine I sit down to dine  
With the termites who live in my chair,  
And I joke with the bats and have intimate chats  
With the cooties who crawl through my hair.

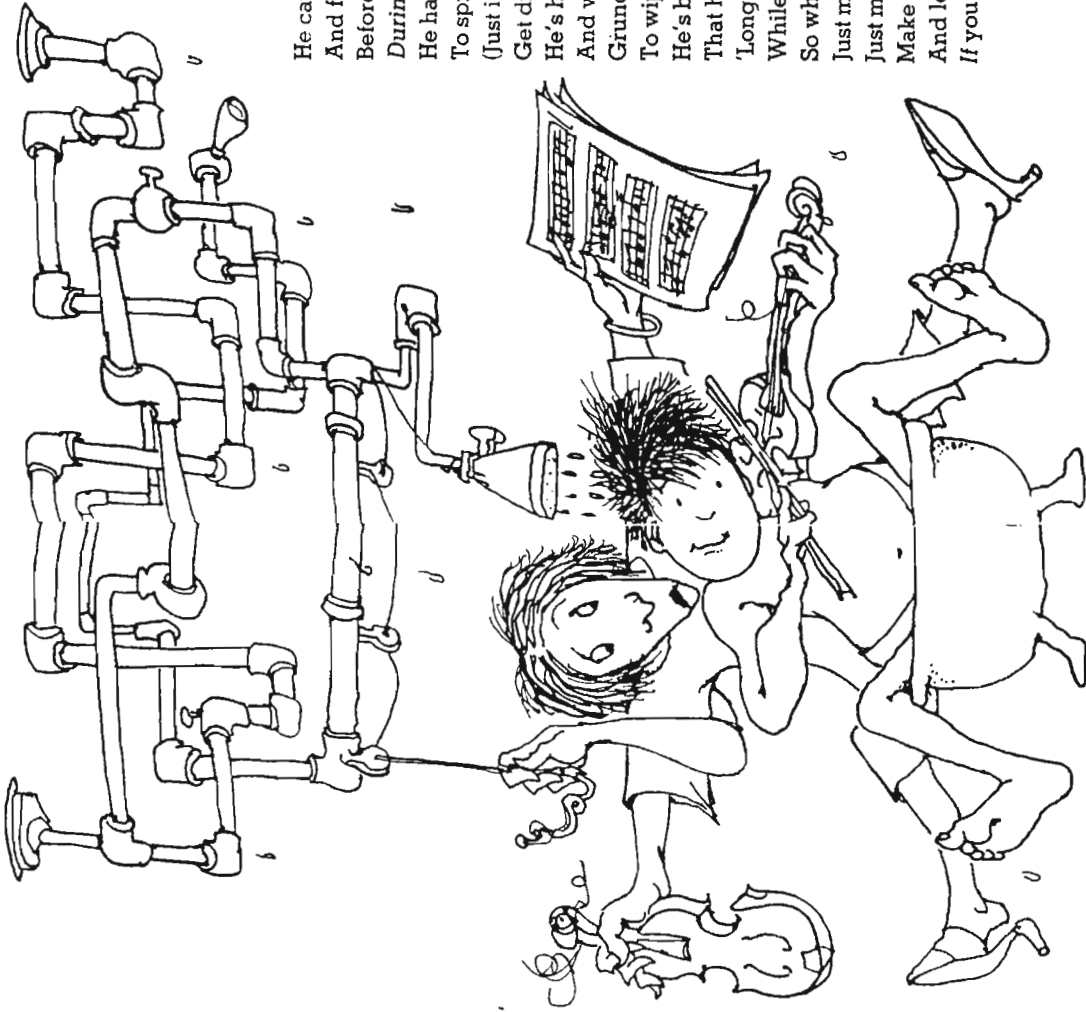
I'd brighten my life if I just found a wife,  
But I fear that that never will be  
Until I can find a girl, gentle and kind,  
With a beautiful face and a sensitive mind,  
Who sparkles and twinkles and glistens and shines—  
And who's almost as dirty as me.



# Worksheet 5B

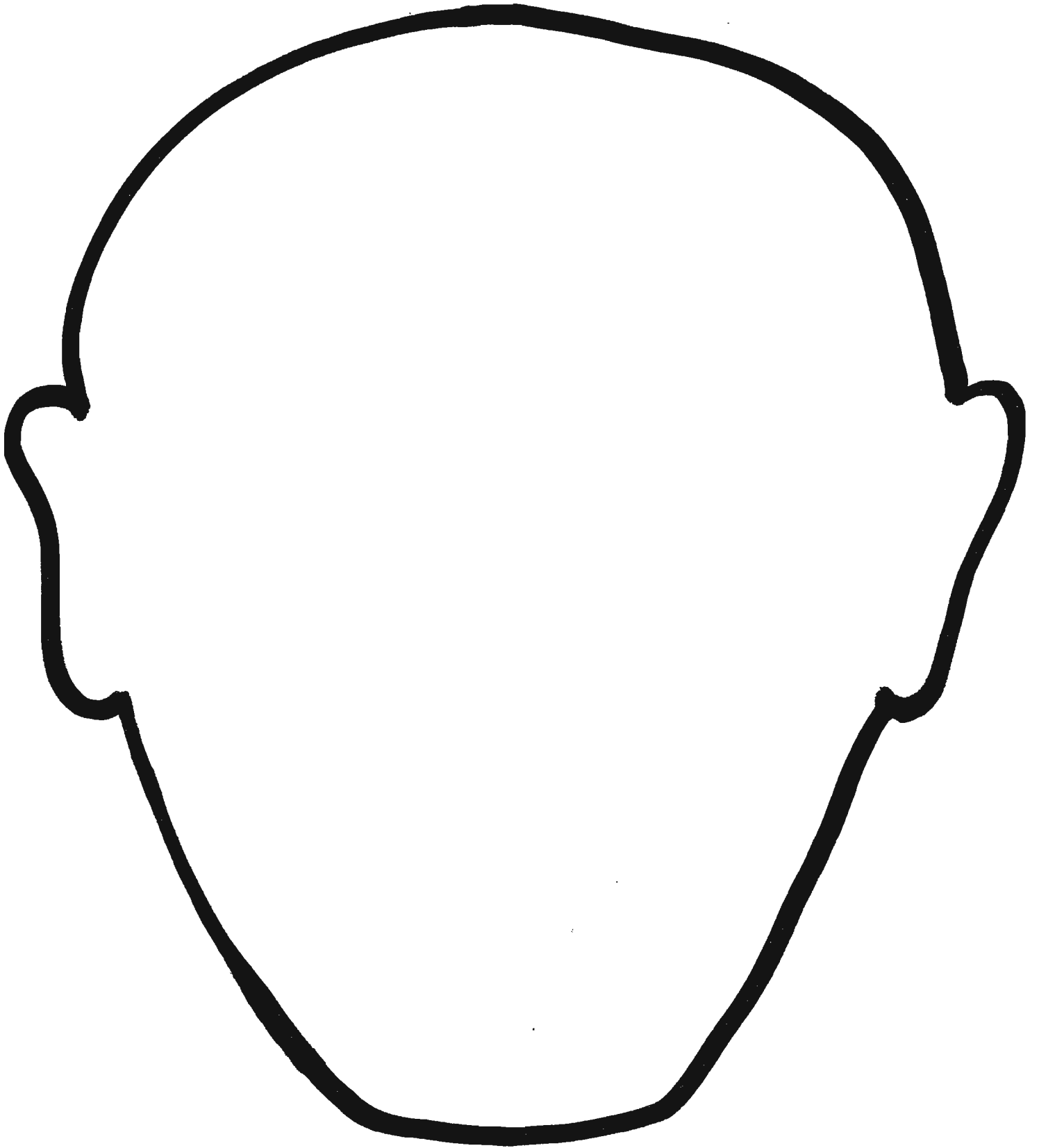
## CLEAN GENE

Clean Gene is really clean—  
He is a bath fanatic.  
He has six washstands in his room  
And twelve tubs in his attic.  
He'll wash before he goes to school,  
He'll rinse when he gets there.  
At recess you can find him  
Rubbin' shampoo in his hair.  
He buys each new deodorant  
To keep him smelling sweet,  
He hires a manicurist  
For each toenail on his feet.  
He only will play baseball  
With a Q-tip in each hand,  
In case his ears get gritty  
From the winds and blowin' sand.  
He wears a plastic bubble  
So no germs can touch his shirt.  
He will not eat potatoes  
'Cause potatoes grow in dirt.

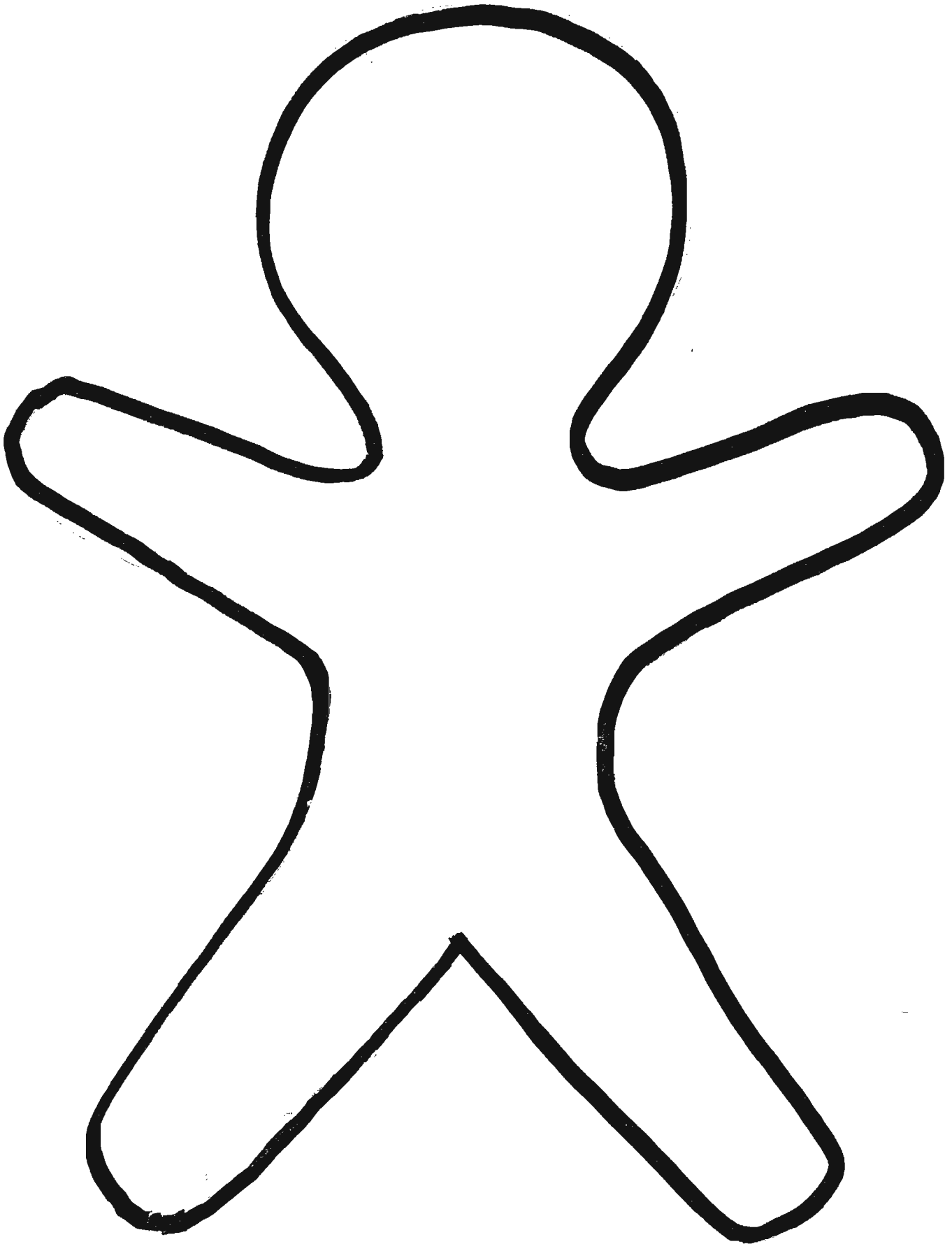


He carries toothpaste, and he'll brush  
And floss with zest and zeal  
Before—and after—and (I'm sorry)  
During every meal.  
He has a shower above his bed  
To spray a soapy stream  
(Just in case he ever should  
Get dirty in his dreams).  
He's hired a man named Henry Grunge,  
And when he goes to play,  
Grunge runs beside him with a sponge  
To wipe his sweat away.  
He's built a special music tub  
That he can sit right in  
'Longside his music teacher  
While he plays the violin.  
So when you go to visit Gene  
Just make sure your jeans are clean,  
Just make sure your nails are scrubbed,  
Make sure you bring along your tub,  
And leave your shoes out in the hall—  
If you visit Gene at all.

Worksheet 6



Worksheet 7





## Worksheet 8

### Gossip

In every town, in every street,  
In nearly every house you meet  
A little imp, who wriggles in,  
With half a sneer and half a grin,  
And climbs upon your rocking chair  
Or creeps upon you anywhere;  
And when she gets you very near,  
Just whispers something in your ear,  
Some rumor or another's shame  
And little Hearsay is her name.  
She never really claims to know;  
She's only heard that it is so;  
And then she whispers it to you,  
So you will go and whisper too.  
For if enough is passed along,  
The rumor even though it's wrong,  
If Jane tells Henry; Henry, Flo;  
And Flo tells Mildred, and Mildred, Ruth;  
It very soon will pass for truth.  
You understand this little elf;  
She doesn't say she knows herself;  
She only whispers it to you  
Because she knows you'll go and tell  
Some other whisperers as well;  
And so before the setting sun  
She gets the devil's mischief done,  
And there is less of joy and good  
Around your little neighborhood.  
Look out for Hearsay when she sneaks  
Inside the house when Slander speaks,  
Just ask the proof in every case;  
Just ask the name, the date, the place;  
And if she says she's only heard,  
Declare you don't believe a word  
And tell her that you'll not repeat  
The silly chatter of the street,  
However gossips smile and smirk,  
Refuse to do the devil's work!

# **RE-VAMP YOUR ROOM!**

*That's right, kids! It's time to clean up your act!*

*Now is the time to make a cleanliness pact!*

*Grab a mop and a pail, and a little spare time;*

*All you've got to lose is some dust and some grime!*

*Instructions below will give you a guide*

*To cleaning your room and getting Mom on your side.*

*If your room's really messy, snap a picture at first,*

*And another after. I hope the first picture's worse.*

1. Enter carefully into your deep, dark, dusty room with a **box**. This is to put all your EXTRAS in. Now start finding some EXTRAS... Look for EXTRA clothes (ones you don't wear, ones that don't fit, ones you don't like) and put 'em in the **box**. Now look for EXTRA books (ones you don't read, ones you don't like or don't need) and put 'em in the **box**. Now look for EXTRA toys or belongings. Be tough on yourself. If you're not sure about an item, put it in the **box** and leave it there for two weeks and see if you miss it. Find any other EXTRAS and put 'em in the **box**.

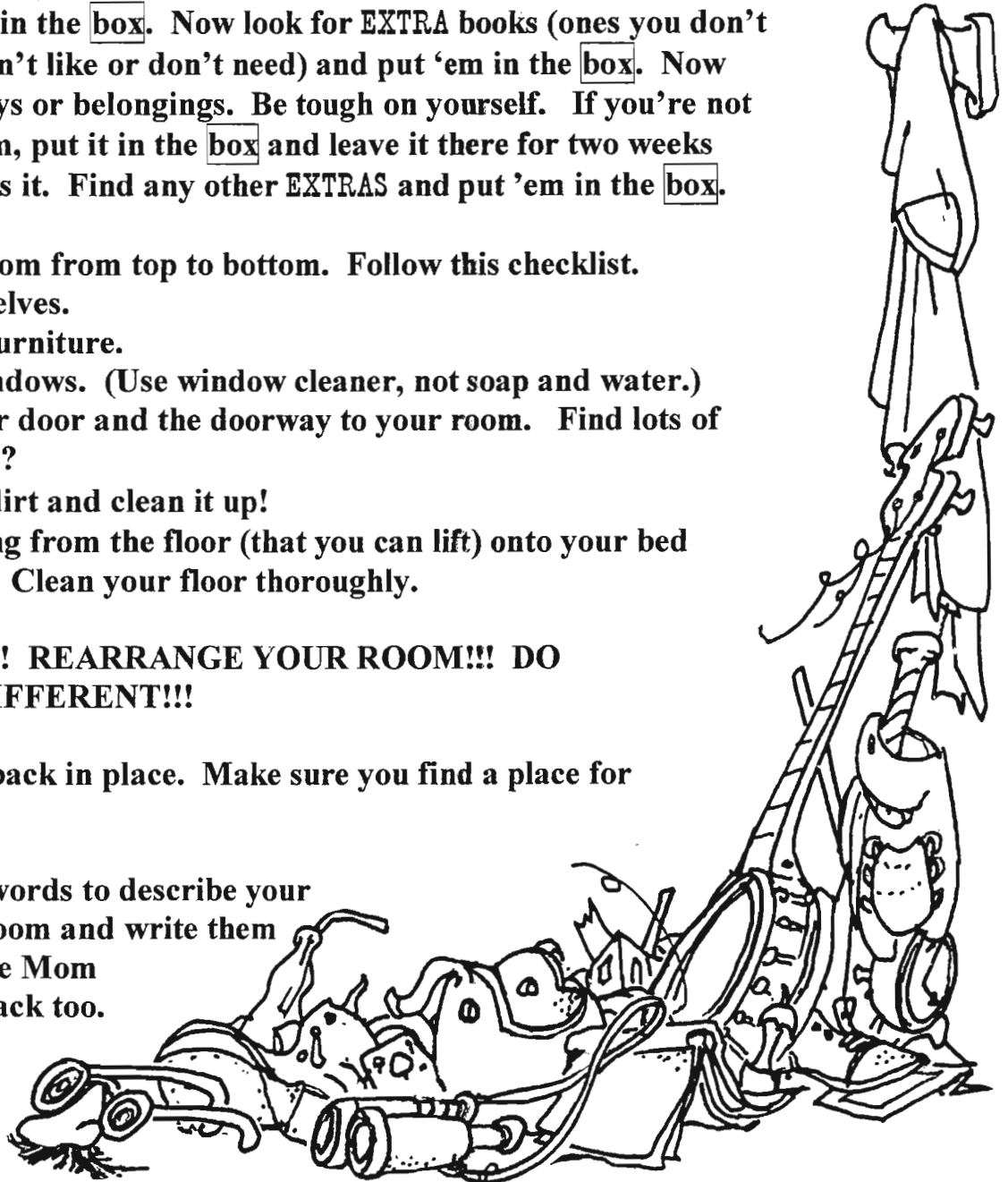
2. Clean your room from top to bottom. Follow this checklist.

- Dust your shelves.
- Dust all the furniture.
- Wash the windows. (Use window cleaner, not soap and water.)
- Wipe off your door and the doorway to your room. Find lots of fingerprints there?
- LOOK** for dirt and clean it up!
- Put everything from the floor (that you can lift) onto your bed or out in the hall. Clean your floor thoroughly.

3. **BE DARING!!! REARRANGE YOUR ROOM!!! DO SOMETHING DIFFERENT!!!**

4. Put all things back in place. Make sure you find a place for everything.

5. Choose three words to describe your new re-vamped room and write them on the back. Have Mom or Dad sign the back too.



# RECYCLING IDEAS

How good are you at recycling? Read this list and mark each item that describes something you've done or are doing. Then discuss how you feel about your handout with your group.

- I've made a list of places in my town that take products for recycling.
- I practice "pre-cycling." I think about how a product will be disposed of before I buy it and look for containers that can be reused or recycled.
- I take paper sacks back to the store when I go shopping, or I use a cloth shopping bag.
- I have containers labeled for all the products I recycle.
- I save all aluminum cans in my house (and those I find) and take them to a recycling center.
- I save and recycle all tin cans at my house.
- I save and recycle newspaper.
- I save glass jars and recycle them.
- I save and recycle cardboard boxes.
- I save plastic containers (milk jugs, soft drinks) and recycle them.
- I find ways to reuse plastic bags.
- I put leaves and grass clippings in a compost pile.
- I try to cut down on the amount of food wasted in my family.
- I take unwanted clothing to Goodwill Industries or the Salvation Army.

If you do everything on this list, you'll eliminate much of the garbage thrown away at your house. And the world will be a better place.

Permission to photocopy this handout granted for local church use. Copyright © Group Publishing, Inc., Box 481, Loveland, CO 80539.