

-simple computer educational games

~~-maize~~

-block building, legos, etc.

-home corner (sink, stove, etc.)

-water and sand play

-dressing up

-learning of the fine motor skills through activities such as cutting, pasting, stringing beads, doing puzzles, sewing (cards and garlands) and cooking.

-learning of the gross motor skills through activities such as running, jumping, climbing, swimming, swinging, playing ball, balancing, throwing and catching

-drawing with chalk on the sidewalk

-hop scotch

*no prayer, tilak mantras, japa*  
*K - must know: pras. prayer, Ekadasi pras. prayer, S.P.'s. pranams*  
*Jaya Sri Krsna, maha mantra: guruvartanam Sri Guru Caran Padma*  
*Jaya Radha madhava, vanasa*  
*khlepa, Govindam, Tulasi puja*

**SUGGESTED ACTIVITIES FOR CIRCLE TIME**

**JNANA-VIJNANA**

*As through whole day beginning w/ waking + then every aspect thereafter - incl. everything!?*  
-learns why we wear tilak NOD 54-55, 41, 74-75, 103, 219, 238

-learns basic prayers - maha mantra, Srila Prabhupada's pranam, Jaya Sri Krsna Caitanya, Nrsingha prayers

-learns why we go to the temple

-learns to bathe and dress the pre-school Deities under careful supervision

-learns about cows and cow protection and why they're so dear to Krsna

-learns about Srimate Tulasi devi - importance, how to offer artik, learns the

prayers NOD 99-101, 288-89, 217, 273-74, 262-63, 294, 223

-learns who is Srila Prabhupada and the rest of the disciplic succession

-learns what is ISKCON

*9 processes of devo. service*

*ISKCON projects - IWR, BTG, ITV, BBT, Food for Life, life member ship, Rathayatra - Festival of India, Mayapur, Vrn., Bombay, gurukula, cow protection, museum*  
**JATE**

-learns the difference between devotees and non-devotees and why we're fortunate to be devotees

-learns how to do an simple artik - Children are taught how to perform a simple artik. Small brass paraphernalia can be used or paraphernalia made from clay. One or two children can perform the artik ceremony while others watch and have kirtan. All children doing artik should have the chance to try. The incense and ghee wicks are not lit.

-learns how to give a simple class

-learns about Vaisnava holidays

-learns about the different acaryas

✓ -learns about honoring the 7 mothers

-learns the different incarnations

-learns about Ekadasi

-learns what is the first thing we do when we see a sannyasi

-learns what Lord Caitanya wants us to help Him do

- You can ask, "Which of the following can be offered to the Deities?"

milk subji eggs bananas puris rice nectar fish Halavah sweetballs meat  
mango

-learns why devotees chant Hare Krsna on their beads every morning

-names all the Deities on the altar.

-learns what colors Krsna, Lord Caitanya, Lord Rama and Srimati Radharani are

-You can ask them, "Name some foods in the devotees' diet or what do devotees eat every day?"

-learns why devotees wear dhotis, saris, tilak, sikhas

-learns what Krsna's, Radharani's and Lord Caitanya's appearance days are called

-learns why a sannyasi carries a danda and what the 3 points on his danda stand for

-other things you can ask are:

-Does Krsna know your name?

-Does He know the karmis' names?

-Does Krsna know what you are thinking?

-How does He know everything?

-Why should we pray to Krsna and Srila Prabhupada? Do you pray to Krsna every day?

-Which of the following are demons?

Balarama Putana Ravana Yasoda Devaki Banasura Bakasura Radharani  
Akrura Kamsa Sakatasura Lord Siva Vrkasura Trnavarta Govinda  
Rukmini Rohini Kesi

-How do we become clean inside? outside?

-Why should we learn the alphabet? Also teach to say at the end of the alphabet,

“Now I never will forget Krsna’s English alphabet.”

-learns to name at least 1 quality of a devotee

-learns the following:

-Krsna’s adopted mother - M. Yasoda

-Krsna’s adopted father - Nanda Maharaja

-Krsna’s brother - Balarama

-Krsna’s original father - Vasudeva

-Krsna’s original mother - Devaki

-What the cowherd girls are called (gopis)

-What the cowherd boys are called (gopas)

-Krsna’s uncle -Akrura

- Balarama's mother - Rohini
- donkey demon - Denukasura
- horse demon - Kesi
- whirlwind demon - Trnavarta
- cart demon - Sakatasura
- Lord Visnu's giant bird - Garuda
- gorilla demon - Dvividā
- bull demon - Aristasura
- serpent demon - Kaliya or Aghasura
- Kaliya serpent's wives - Nagapatnis
- the demon who pretended to be a cowherd boy and got up on Balarama's shoulders in a mock fight - Prahambhasura
- the khecari witch who offered Krsna her breast - Putana
- learns 3 devotees of Lord Krsna who were very young. Prahlada, Dhruva  
4 Kumaras
- learns about the Panca Tattva
- learns to describe at least one feature of the spiritual world
- You can ask who the following are:
- Krsna's chief queen - Rukmini
- king of the gorillas - Jambavan
- Krsna's brahmana friend who brought him chipped rice - Sudama
- the rascal who tried to be Krsna - Paundraka
- the great sage who plays the vina - Narada Muni
- the demon who took the shape of the calf - Vatsasura
- You can ask them to name the following demigods' position:
- Varuna - demigod of the water
- Vayu - demigod of the wind

**Bhumi - demigoddess of the earth**

**Agni - demigod of fire**

**Indra - king of heaven**

**Candra - in charge of the moon**

**Surya - in charge of the sun**

**-have them describe how Krsna looked when He went to the forest**

**-have them name at least 1 sacred river in India**

**-You can ask them:**

**-What are the 4 things that everyone in the material world must suffer from?**

**-Who did Vivasvan give the Syamantaka jewel to? Satrajit**

**-Who was Satrajit's daughter? Satyabhama**

**-Which of the following are true about the soul?**

**It is 1/10,000th the size of a tip of a hair.**

**It is eternal.**

**It can be cut and withered by the wind.**

**It is invisible to the eye.**

**It is contaminated.**

**-Who were the mother and father of Lord Caitanya or Nimai? Jagannath**

**Misra and Mother Saci**

**-Who was Lord Caitanya's brother Who took sannyas? Visvarupa**

**-have them name some of the tortures that Prahlad had to experience from his father, Hiranyakasipu**

**-have them name some instruments used during kirtan**

**-You can ask them:**

**- When cooking for Krsna, do we taste a little of everything first to make sure it's good? Why not?**

**-What kind of service would you like to do when you get big?**

- learns how to offer obeisances upon entering school each day and when a guest comes in and how to honor the guest
- learns why we go to the temple and proper behavior in the temple room
- learns how a devotee dresses
- learns how to please Krsna and how they can go back home, back to Godhead
- learns simple, basic philosophy (not this body, etc.)
- learns how to respect sacred books and instruments
- You can ask them, "What are the artik articles offered to Krsna?" incense ghee lamp conch with water flower handkerchief camara peacock fan
- You can ask them, "What day do the devotees have big feasts on?" (Sunday)

**SAMPLES OF DIFFERENT BOLS:** *Children are divided into 2 teams. They choose names for their teams. Score is kept. Teacher asks questions from list. If a child answers correctly the Rama Bol team gets a point. If answered incorrectly or not at all, the other team gets to try.*

1. Lord Rama had 3 brothers. Name one of them.
2. Who is King Dasarath?
3. In order to marry Sita, what were the kings trying to string?
4. Who was Taraka?
5. How many heads did Ravana have?
6. What animal did Maricha change his body into in order to trick Sita?
7. What part of Surpanakha's face did Laksman cut off with his sword?
8. Was Rama sad and angry because He was ordered to go to the forest?
9. What did Rama, Sita and Laksman eat while living in the forest?
10. Who offered to help Rama find Sita?
11. Who was Jatayu?
12. What did the monkeys throw into the water to make a bridge?
13. What did Ravana carry Sita to Lanka in?
14. What was Lanka made of?
15. What did Rama give to Hanuman that he gave to Sita?

-What kind of things did the cowherd boys do when they went to the forest?

-What happens to the demons that Krsna kills?

-What are some of Srila Prabhupada's books?

-Who are the following?

Pancajanya - Krsna's transcendental conchshell

Arjuna - Krsna's friend to whom He spoke the Bhagavad-gita

Rahu - eternal enemy (planet) of the sun and moon

Mohini Murti - incarnation of Krsna in the form of a woman Who distributed nectar to the demigods

Sarasvati - goddess of learning

-you can ask the children different questions from the Krsna Book stories.

-learns how to chant japa

-learns about Rathayatra

learns a few well-known Bhagavad-gita slokas

-learns how to say the prasadam prayer in Bengali and English and how to honor prasadam nicely with suci hand, how to clean up when finished, how to ask to be excused, wash-up, put lunch boxes away

-has kirtans with instruments - Instruments such as children's mrdunga, kartals, etc. should be available for each child to play. Sometimes the teacher leads, sometimes a child leads. It's nice, at first, if everyone concentrates on singing, then everyone can get up and dance. Kirtan should be done in front of the nursery Deities. Kirtan should be kept simple, stressing the maha-mantra and sung in basic tunes. After the basic prayers like "Nama om", Jai Sri Krsna Caitanya", etc. are learned, then new ones can be introduced. At the end of the kirtan, everyone offers their obeisances and the prayers to Lord Nrsinghadeva are sung.

16. Who was the powerful Indrajit?
17. After Laksman was hurt, what did He need to help him get well?
18. Who brought it?
19. Who's name did Ravana call out at the time of death?
20. What did Rama, Laksman and Hanuman fly back to Ayodya on?

Caitanya Bol

1. Who called out in a loud voice for Krsna to appear on earth?
2. Since Lord Caitanya was born under a nim tree, his parents called Him what?
3. Who was Mother Saci?
4. Nimai looked just like baby Krsna except His skin was what color?
5. What was the only way to get Nimai to stop crying?
6. What was the name of the astrologer that Jagannath Misra sent for?
7. What crawled into the courtyard to play with Nimai?
  8. Why did the 2 thieves want to kidnap Nimai?
  9. What awful thing did Nimai eat from the yard when His mata was not looking?
10. Who came to visit Jagannatha Misra's home and wanted to prepare sweetrice for his Deity?
11. What did Nimai keep doing to the bhoga sweetrice?
12. When Nimai was a little older, what did He try to steal from the girls who were worshipping Lord Siva down at the Ganges?
13. Who was Laksmipriya?
14. Who was the puffed-up scholar that Lord Caitanya defeated?
15. After Laksmipriya died, who did Lord Caitanya marry?
16. What did the Kazi break during the kirtan party?
17. Who came and scratched the Kazi in a dream?

18. Who were the 2 drunken brothers who tried to stop the chanting?

19. What was Lord Caitanya about to do when He saw blood on Lord Nityananda's forehead?

20. Who gave us the holy name?

### Krsna Bol

1. Who was the evil king who almost killed his sister on her wedding day?

2. Why did Kamsa put Vasudeva and Devaki in prison?

3. What did Krsna do to the first 6 sons of Devaki?

4. How did Vasudeva get Krsna over to Nanda's house?

5. Who gave shelter to him (like an umbrella) during the storm?

6. What did Yogamaya tell Kamsa after he dashed Her to the ground as a baby?

7. Who did Kamsa send to try and kill Krsna when He was small?

8. Who was the demon who hid in the cart?

9. Who was the demon who took the shape of a whirlwind?

10. Who was Putana?

11. What did she smear on her breasts?

12. What form did Bakasura take?

13. What snake tried to poison the Yamuna River and kill Krsna?

14. Name 2 other demons that tried to kill Krsna.

15. What did Krsna ask the washerman for?

16. What did Sudama, the florist, make for Krsna?

17. Who is Kubja?

18. What animal was waiting outside the arena to kill Krsna?

19. Who were the 2 wrestlers that wrestled with Krsna and Balarama?

20. How did Krsna kill Kamsa?

reflection  
A thought:

**NOTE:** Add in comments of how the children from the early days actually would be able to answer all of these things because they were <sup>regularly</sup> exposed to Krsna consciousness from the beginning of their lives, and how ~~so many children~~ today who are not exposed to Krsna consciousness, don't know even the most basic things....sigh....

## MISCELLANEOUS

- learns about safety precautions - fire, water, poison, plastic bags, etc.
- learns traffic signals
- learns simple sewing
- does face painting
- learns about Mother Earth and how to respect her and all living entities
- learns why we should be kind to one another and how to be friends
- learns why we should mind our parents and elders
- learns what are good manners and why they're important
- learns proper telephone manners
- learns how to act in public
- learns how to be aware of strangers (safety)
- learns how to identify themselves and different family members (brothers, sisters, aunts, uncles, etc.)
- learns about good health - diet, teeth, cleanliness, etc.
- learns how to sweep, wash a table, fold clothes, etc. (basic household chores)
- learns how to put on shoes, jackets, swimsuits, etc.
- learns buttoning, braiding, tying, zipping
- learns different occupations - what different people do in a community (police, etc.)
- learns car safety

-learns swimming safety

-they run, walk straight line, jump, hop, alter feet walking down steps

-they march, walk backwards, stands on one foot 5-10 seconds, throws a ball  
can clasp hands, touch fingers

-laces pictures

-learns how to express thoughts and feelings - One thing you can do when discussing feelings is to draw faces on paper plates (happy, sad, angry, sleepy, etc.). Glue a tongue-depressor or popsicle stick onto the plate for the children to hold on to. Take turns asking each child how they feel today. They choose a face and hold it up. You can then ask them why they are feeling that way.

Another thing you can do is make a chart like this: **ADD IN DRAWING OF CHART**

You make name cards with sticky tac on the back for each student. Have them come up one at a time and stick their names up under the appropriate category and you can ask them why they chose that category.

-learns how to take care of personal belongings

learns how to share toys, books

learns how to take turns, wait patiently and play co-operatively

-learns a little about what it will be like in gurukula and what they'll need to know to be ready

-In a "think and say" session ask, "Which of the following are fruits?  
vegetables?"

milk peas okra beans sugar flour dahl chapatis butter rice curd

apples mangoes sandesh grapes spinach potatoes burfi oranges coconut

eggplant ghee raisins cauliflower khoa zucchini papaya yam cheese

watermelon strawberry green pepper

-Which of these come from the cow?

milk butter curd sandesh burfi khoa cheese ghee

-What are the 8 basic colors?

-goes on nature walk, to the playground or park

-learns how to sit attentively during circle and quiet time and to raise their hands before speaking out.

-learns about animals and pet care

### PRE-ACADEMICS

The following activities prepare the children for learning to read and write. They also help develop motor co-ordination and concentration. They can be performed as a group or individually.

opposites -Here are some things you can say to help them understand this:

Say, "A kitten is little, but an elephant is \_\_\_\_\_ and they say the opposite.

Summer is hot, but winter is \_\_\_\_\_ .

A thunderbolt is hard, but a baby's skin is \_\_\_\_\_ .

At night it is dark, but in the morning it is \_\_\_\_\_ .

A conchshell bown is loud, but a whisper is \_\_\_\_\_ .

A rabbit runs fast, but a turtle is \_\_\_\_\_ .

Next step after this:

A lemon is something sour, \_\_\_\_\_ is something sweet.

A devotee is like Maharaj Ambarisa and a demon is like \_\_\_\_\_

The universal form is very tall but \_\_\_\_\_ was very small.