

1 The Supreme Saviour

SCENE 1

(Sounds of fighting in the background and Mother Bhumi crying)

Narrator More than 5000 years ago.....
Mother Bhumi was full of woe.
Disturbed by the demons' behaviour,
She decided to approach the Supreme Saviour
In the form of a cow, with tears in her eyes,
First she went to Lord Brahma, so wise.

(Brahma is seated on a lotus)

Bhumi devi Respected Brahma I've bad news to share ,
There are sinful people everywhere.
Torturing brahmanas and cows without a care,
The situation has become too difficult to bear.

Narrator Lord Brahma thoughtfully furrowed his brow.



Lord Brahma Only Lord Vishnu can help us now
 O Shiva, Indra and other demigods too,
 Let us proceed to the abode of Lord Vishnu.

(All the demigods and Bhumi Devi exit the stage)

SCENE 2

(Lord Vishnu is seen lying down and Lakshmi devi is
massaging His legs)

Narrator Shvetadvipa is a white island in the milk ocean,
 Here resides Vishnu the Lord of all creation
 The demigods felt grateful and blessed to see
 The Lord being served by Mother Lakshmi
 Lord Vishnu looked majestic in jewels and yellow silk,
 Resting on Ananta Shesh in the ocean of milk.
 The demigods bowed at Their lotus feet,
 And offered worship with special prayers so sweet.



(The demigods chant together with folded palms)

Demigods You are the creator, maintainer our dearest friend,
The beginning, the middle and also the end.
O Supreme Lord we've gathered here today
For Your mercy we humbly do pray

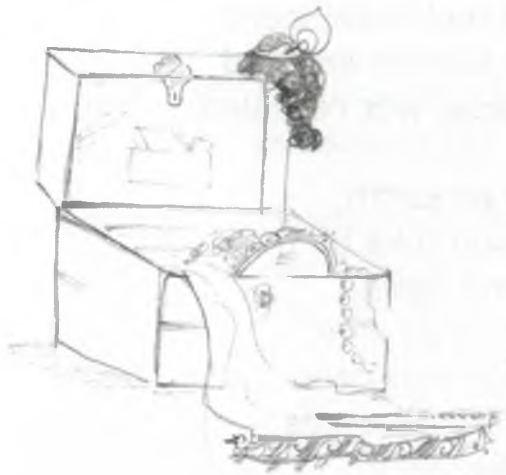
Narrator Though Vishnu smiled but spoke not a word,
All knew that their prayers had been heard..
Awaiting on the shore they silently kneeled
In Brahma's heart the message was revealed.

Lord Vishnu It's time for Me to appear on earth,
In the Yadu family I will soon take birth.
I promise to appear again and again,
To re-establish religion among all men,
The rule of the demons must now cease
As declared, I will protect My devotees.
I want all of you to assist Me,
Now take birth in the Yadu family.

Narrator At last, Mother earth was pacified,
The demigods too, were satisfied.
In the Lord's pastimes a part they'd play,
Eagerly awaiting the Lord's appearance day.



Activity Time



We can also take part in the Lord's pastimes by hearing and speaking of them.

Enact the above play.

Use your imagination to make simple costumes and sound effects.

Discussion



A king is the head of his country. He has many ministers under him. These ministers are in charge of the different departments like food, water, defence and so on. They act under his instructions.

In the same way the demigods work on Krishna's behalf. They fulfill different functions in the universe

Find out how these demigods are serving Krishna :



Surya



Chandra



Vayu



Varuna

.....

.....

.....

.....

.....



Cut and paste pictures of other demigods and demigoddesses.

Who do the demigods approach when they need help?
Could you tell us why.

.....

.....

.....

A Secret Message

In this chapter we have learnt something very important.
Do you know what it is ?

Using the code given below find the hidden message.

A - Z	H - S	O - L	V - E
B - Y	I - R	P - K	W - D
C - X	J - Q	Q - J	X - C
D - W	K - P	R - I	Y - B
E - V	L - O	S - H	Z - A
F - U	M - N	T - G	
G - T	N - M	U - F	

PIRHSMZ RH GSV HFKIVNV

KVIHLMZORGB LU TLWSVZW

Shvetadvipa

Let's make a model of Shvetadvipa



Take a cardboard box, paint the inside blue. Cut fish and plants out of coloured paper and stick them on the background.

Make Ananta Shesh out of clay and place Him on the base. Take the picture of Lakshmi and Vishnu from the coloured page and place Them in a suitable position. You may use glitter, shells, stones and paint to decorate the model.



2 Voice in the Sky

It was Devaki and Vasudeva's wedding day
"I'll drive your chariot", Kamsa did say.
The procession included horses and elephants
While many bands played musical instruments.

Devaki was decked up with gold jewellery
Everyone moved forward happily.
Suddenly a loud voice was heard from the sky,
"At the hands of her eighth child you will die!"

Angered, Kamsa pulled at Devaki's hair
Vasudeva pleaded, but Kamsa didn't care.
Vasudeva's words were wise and clear
But Kamsa wasn't ready to hear.

Devaki and Vasudeva were mercilessly thrown
Into a jail cell with walls of stone.
Ignoring the cries of the father and mother,
Kamsa killed six children one after the other

Balarama the seventh child was born in a special way
By Yogamaya's power He was carried away.
Soon after, it was time for the Lord to appear,
Devaki looked beautiful and felt no fear.

The saints and sages all gathered there,
They offered many a wonderful prayer.
Let's try to understand the Lord's birth and activities,
By hearing His pastimes and singing His glories.





Activity Time

Discussion

We saw how anger causes a person to act cruelly. Kamsa's selfishness was the cause of his anger. It made him mistreat his own sister.

Anger can be very harmful. It makes us do things which we would not do otherwise. It is also important to understand what makes us angry.

In your group discuss these pictures. Can you find out why these children are angry?



He beat me in the race.
If I had the chance I would
punch him in the nose.



My father has just shouted at me
and now this dumb dog is coming
in my way.



How dare you say that
your doll looks better
than mine? You silly girl!



You play the game my way or just get lost!



I don't care if she thinks I am rude She was spoiling the party by showing off her new dress

These children are facing a problem with their anger. Most of us feel like that sometimes.

Which are the things that make us angry ?

.....

.....

.....

Share any incident where anger led to bad behaviour.
How could it have been avoided ?

.....

.....

.....

.....

We must try to understand how anger is harmful and try to change ourselves. When we face this problem we must speak to an adult. Ask them what we should do. Most importantly we must pray to Lord Krishna to help us change.

Anger is not always bad. Sometimes others get angry with us to correct our behaviour because they love us. We should try to see the reason behind their anger rather than just their anger.

The Lord is our Supreme father and knows what is best for every one of His children.

Our Puppet Show

Let's make finger puppets



- 1 Make drawings of different things described in the poem like stars, flowers, sages and so on. Glue the drawing on to a piece of stiff paper or cardboard.
- 2 Cut out the drawing, leaving a base at least 8 cm deep. Cut two holes (large enough to slip two fingers through) about 1 cm apart at the bottom of the drawing
- 3 Put two fingers through the holes in the puppet.
- 4 Now recite the poem on the following page and make the puppets dance. You may even sing the poem and use music to enliven the show !





The Lord is about to Appear

The Lord is about to appear,
Lord Krishna is about to appear,
Wicked Kamsa, we no longer fear.

Look at the stars that tell,
Look at the planets that tell,
That soon all is going to be well.

The time is right,
The moment is right,
Mother earth appears so bright.

The sky is aglow,
The night is aglow,
Fragrant breezes begin to blow.

Flowers bloom everywhere,
Lotuses bloom everywhere,
Peacocks are dancing here and there.

The streams gush along,
The rivers gush along,
The birds chirp a welcome song.

The gandharvas sing,
The kinnaras sing,
Caranas recite prayers in offering.

The sages send showers,
The demigods send showers,
Of sweet scented heavenly flowers.

The Lord is about to appear,
Lord Krishna is about to appear,
Hearts overflow with joy and cheer.

O Krishna! To You we pray,
O Supreme Lord! To You we pray,
We've waited long for this very day.



3 Krishna's Amazing Appearance



Devaki and Vasudeva



Nanda and Yashoda



Krishna



Kamsa



Gokula



Baby Girl



were very happy to see



the Supreme

Personality of Godhead in the form of a wonderful baby.



Baby

was dressed in yellow garments and wore

shining



His complexion was like a



and on

His hair was a





asked



to carry Him to



and exchange Him for the



born to



By the influence of Yogmaya all the



in the



of



went to sleep. The palace



opened. The



of



opened.



put



in a



and

went out.

The darkness of the



disappeared. At that time it was



spread His hoods on the head of



to protect Them.

When



reached the banks of the Yamuna river, the waves were

rising and falling. Then a wonderful thing happened! The Yamuna



could easily cross over to the other side.



went to the house of Nanda in



. Everyone was

sleeping. He silently entered the house. He put



on

Yashoda's



and picked up the



born to her.

Then he returned to the palace of



. He went inside the jail.

The



closed.



put the



on the lap of

. Then he put the



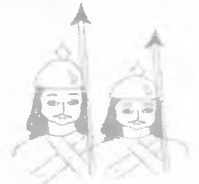
on himself and sat down.

Everything took place so quietly that



did not know that so

many things had happened. After some time the



awoke and heard the



crying. The guards

informed



. He came running to kill the baby.



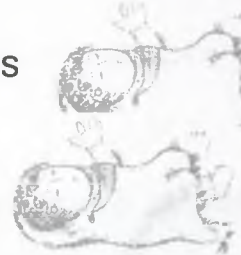
begged

"My dear brother please do not kill this





."

did not listen. He grabbed the




and tried

to dash her on a stone.

The  slipped out of his hands and rose into the .



She appeared in a beautiful form with 8 arms. She was the younger

sister of Lord Vishnu. All the demigods offered her 



and prayers. Yogamaya said, " You rascal how can you kill

me? The child who will kill you is already born before me

somewhere within this world. Don't be so cruel to your poor

sister."  became fearful. He released .

He begged them to excuse him for his bad deeds.

 forgave  and returned to their home.



Activity Time

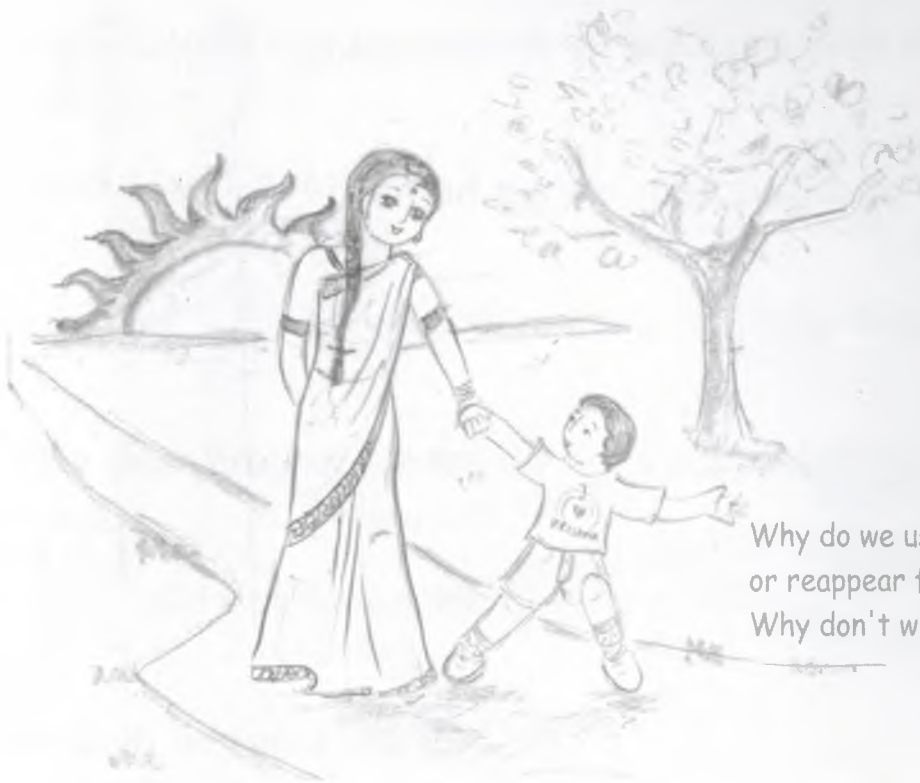
Discussion:

In Bhagavad Gita Lord Krishna says, "Whenever and wherever people lose faith in Me and become wicked and sinful, at that time I descend to save the good people and punish the bad people and re-establish religion. In this way, I reappear in various forms again and again".

Lord Krishna has appeared in many incarnations. He is the source of all incarnations.

In the Shrimad Bhagavatam (1.3.28) it is said :

ete camsa kala pumsa krishnas tu bhagavan svayam
indrari vyakulam lokam mridayanti yuge yuge



Why do we use the words appear
or reappear for Krishna, mother ?
Why don't we use the word born ?

Shrila Prabhupada gives us
a very simple example to
help us understand this.



Let us try :

We say...

The Sunto our vision in the morning.

The Sunfrom our vision in the evening.

The Sun to our vision the next morning.



Do you understand ?

The Sun is always there.

The same Sun appears everyday. Can we say a new sun is born everyday ?

Now if someone was to ask you - why do you say that Krishna appears ?
What would you say ? (You can refer to the picture on the next page)

.....

.....

.....

.....

.....

Shrila Prabhupada gives us
a very simple example to
help us understand this.



Let us try :

We say...

The Sunto our vision in the morning.

The Sunfrom our vision in the evening.

The Sun to our vision the next morning.



Do you understand ?

The Sun is always there.

The same Sun appears everyday. Can we say a new sun is born everyday ?

Now if someone was to ask you - why do you say that Krishna appears ?
What would you say ? (You can refer to the picture on the next page)

.....

.....

.....

.....

.....

Label this Diagram :



Krishna is the source of all incarnations

The following word grid contains the names of the ten main incarnations of the Lord. Can you find them?

A	N	A	M	A	V	A	M	N	P
M	A	Y	S	T	A	M	A	A	A
K	A	L	K	I	R	A	N	R	R
U	A	M	A	R	A	R	H	S	S
R	A	D	H	A	H	A	S	I	H
M	N	A	N	D	A	L	I	M	U
A	L	U	K	O	G	A	R	H	R
Y	A	H	D	D	U	B	K	A	A
M	A	T	H	U	R	A	M	M	M
V	R	I	N	D	A	V	A	N	A

KRISHNA

MATSYA
KURMA
VARAHA
NARSIMHA
VAMANA

PARSHURAMA
RAMA
BALARAMA
BUDDHA
KALKI

You may find a few extra words
GOKULA, RADHA, MATHURA, VRINDAVANA

Story Sequence

Our artist has drawn some pictures but the printer has mixed them all up. These pictures tell us a story. Each of you draw one of these pictures on a big sheet of drawing paper and stick your drawing on chart paper.

Everyone sit in a circle and close your eyes. When teacher counts 1-10 everyone runs and stands in the correct order. You should be able to do this in less than one minute. This game is a lot of fun and at the same time helps us remember the amazing way in which the Lord appears.

You can play different games with these cards.



Wall Hanging



Cut out the pictures of the Dashavatara and Krishna from the coloured page.

Take coloured card paper and cut out 11 rectangles or any other shape you like. The shape must be bigger than the picture.

Now take ribbon and attach all the shapes on the ribbon as shown in the illustration.

On each shape stick a picture of one avatara starting with Krishna's picture. Decorate the shapes.

Tie a bell to the lower-end of your handicraft.

There your wall hanging is ready !

