

Real Samadhi


*INSTRUCTIVE STORIES BY
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Once Shivananda Sarasvati, in Hrishikesh once got a letter from the king of Jaipur



I heard that
you always enter into
samadhi and I want
to see that

Yes, come on February 16th and I will enter into samadhi on that day



So the yogi wrote back.

So the king came and waited until 16th




On 16th early morning he was in the quarters of Shivananda



When he entered he saw that Shivananda was walking up and down






Swamiji,
when is samadhi?



Soon, very soon

So while he was walking up and down he was chanting


Hare Rama Hare Rama
Rama Rama Hare Hare
Hare Krsna Hare Krsna
Krsna Krsna Hare Hare



Now he is doing some
bhajan, but later he will
do the mystic samadhi

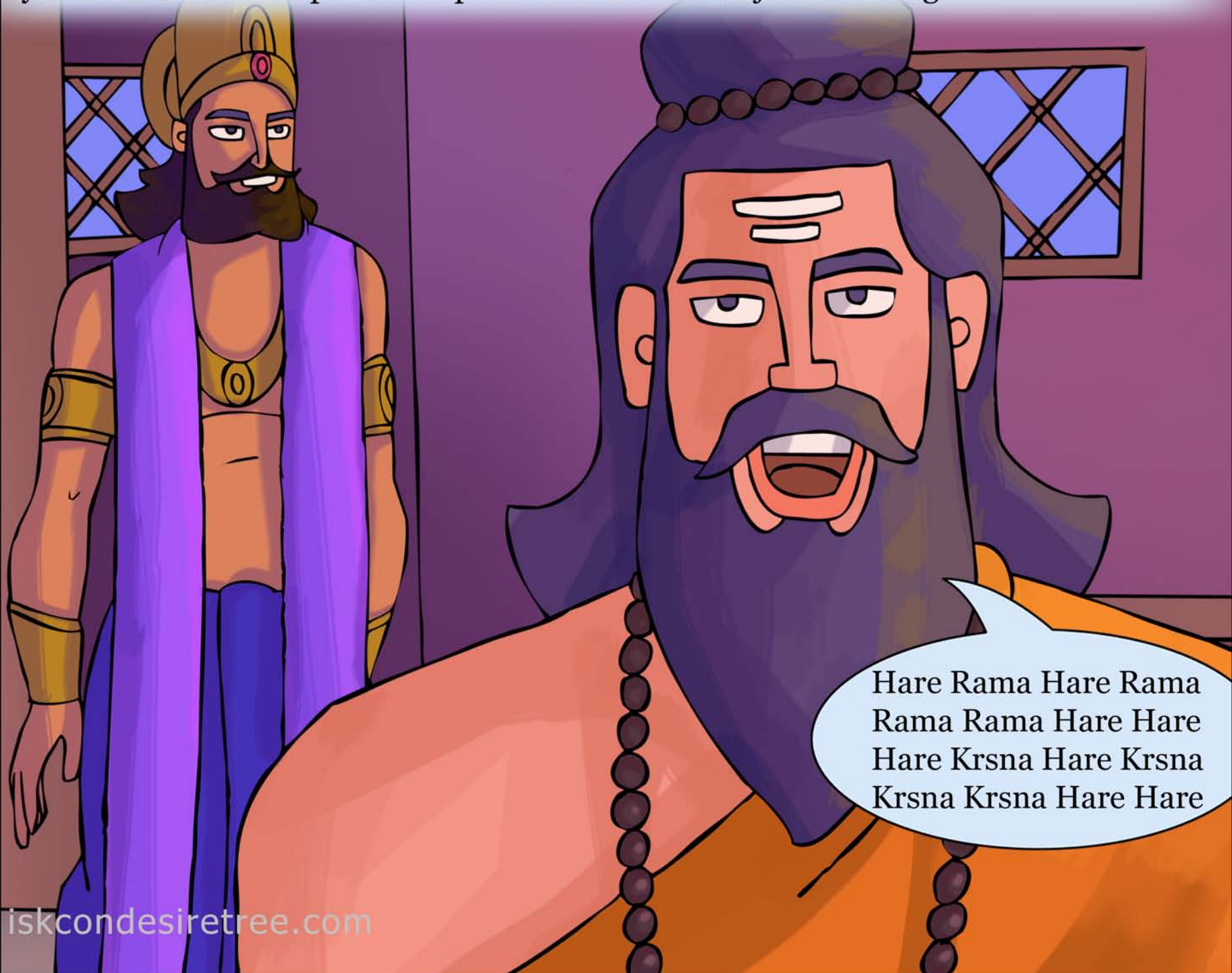
So time was passing by, half an hour, one hour, two hours three hours. Swamiji was still walking up and chanting





When is he going
to do this samadhi?

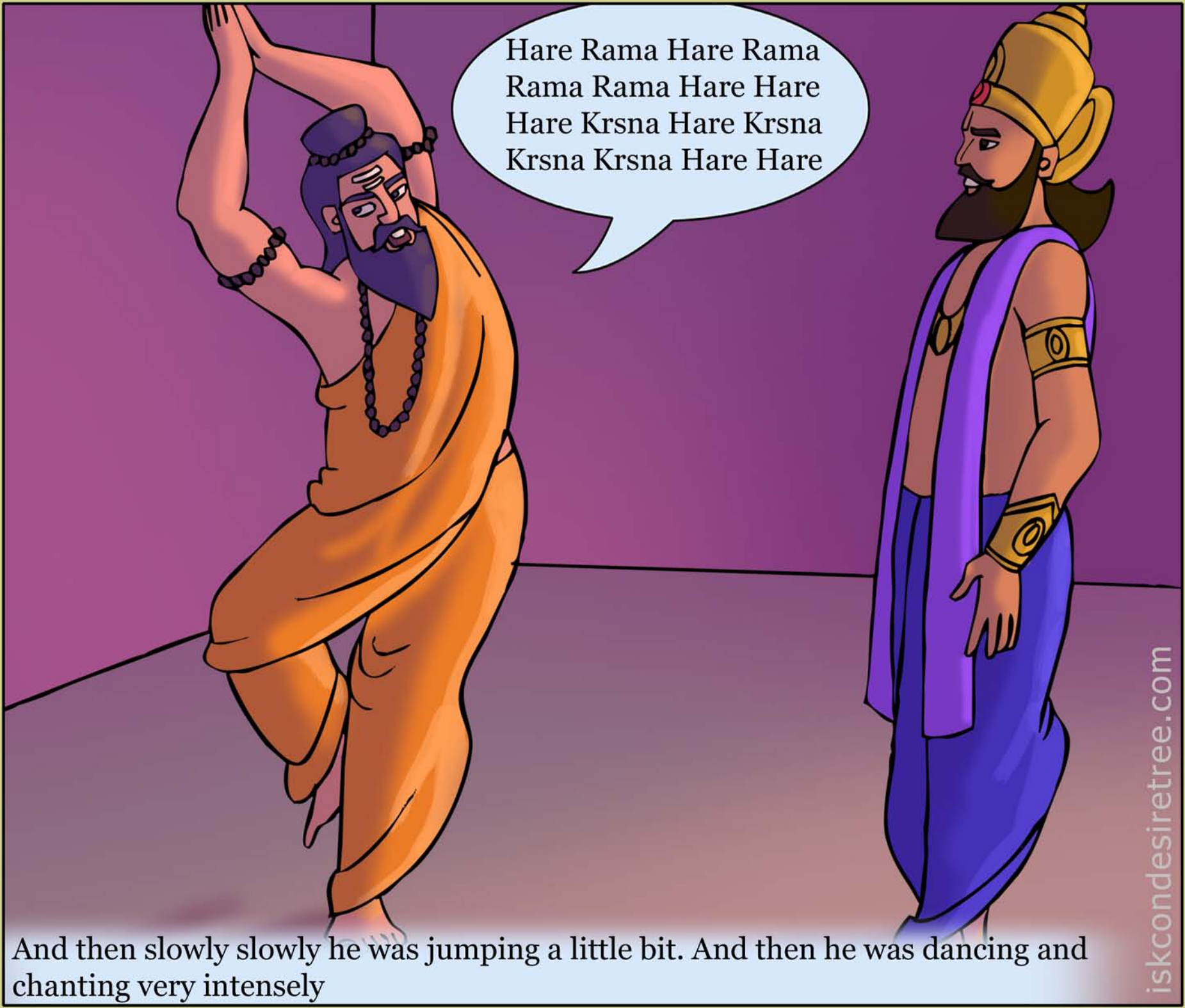
Sometimes he went before the yogi, to try and catch his attention, but the Swamiji's eyes were all locked up in some position. And he was just chanting



Hare Rama Hare Rama
Rama Rama Hare Hare
Hare Krsna Hare Krsna
Krsna Krsna Hare Hare

He was getting more and more fired up. Then he began to move his hands





Hare Rama Hare Rama
Rama Rama Hare Hare
Hare Krsna Hare Krsna
Krsna Krsna Hare Hare

And then slowly slowly he was jumping a little bit. And then he was dancing and chanting very intensely

And then finally, after five hours, when the king was completely bewildered, the Swamiji stopped




He took a big jug of water and he started drinking



Then the king said...

So swamiji, now you will start samadhi?



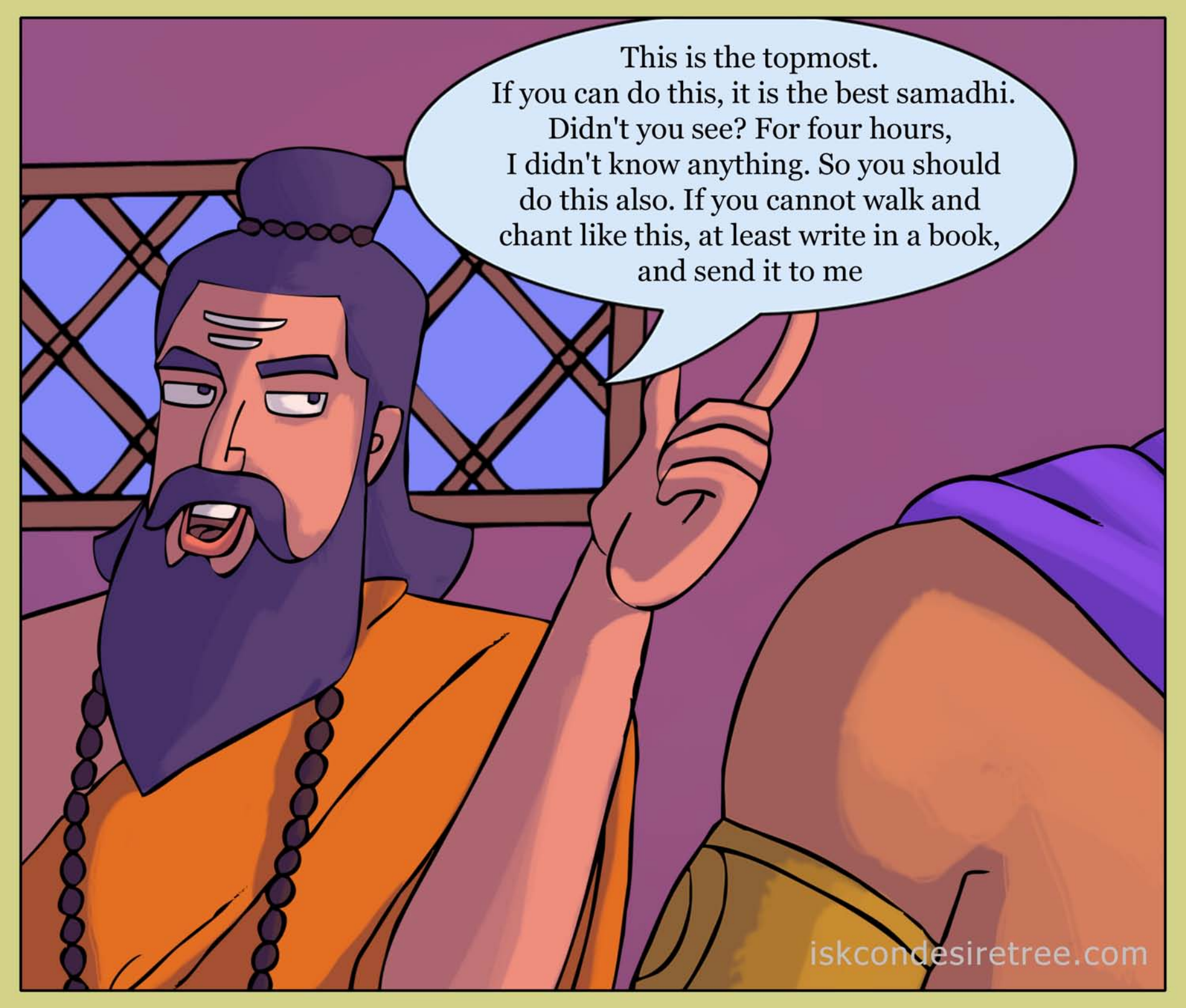
What do you mean start?
I just came back from samadhi!

The king was bewildered



But you ever did the pranayama
or anything.





This is the topmost.
If you can do this, it is the best samadhi.
Didn't you see? For four hours,
I didn't know anything. So you should
do this also. If you cannot walk and
chant like this, at least write in a book,
and send it to me

So in this way the temple known as Harinam Mandir was built and thousands of people wrote, "Hare Rama Hare Rama." And they made a temple out of that



MORAL :

**Chanting the holy name is highest
samadhi**

- Srila Prabhupada