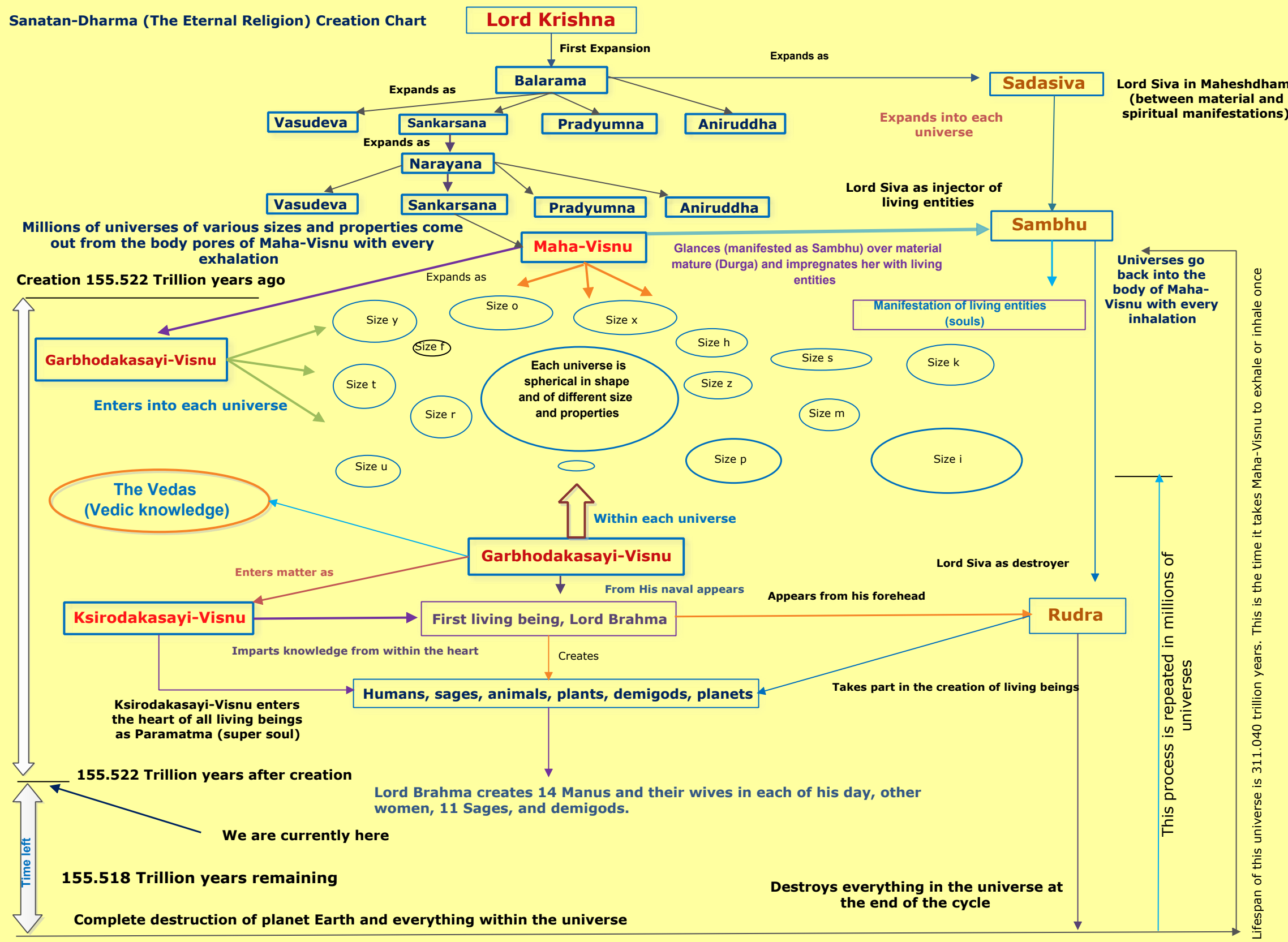


Sanatan-Dharma (The Eternal Religion) Creation Chart



The Process of Creation

1. Before the material creation, Lord Krishna existed and from His various expansions, Maha-Visnu appears, accompanied by all the ingredients of material creation. From His body pores, millions of universes of various sizes and properties come out with every exhalation.
2. Maha-Visnu glances over material nature, which is eternal and by His specific functional expansion, Sambhu (Lord Siva), injects the living entities (souls) into material nature. The living entities are eternal and fragmental parts of Lord Krishna.
3. Maha-Visnu expands as Garbhodakasayi-Visnu and enters into each universe.
4. Garbhodakasayi-Visnu creates the Vedas and enters into the atomic particles (atoms) as Ksirodakasayi-Visnu, who enters into the heart of all living beings as paramatma, the super soul.
5. A lotus flower sprouts from the naval of Garbhodakasayi-Visnu, and the first living being in the universe, Lord Brahma, appears from it.
6. Ksirodakasayi-Visnu from within the heart of Lord Brahma imparts Vedic knowledge, which he uses to create everything within the universe: the planets, plants, animals, humans, demigods, and rishis.
7. From the forehead of Lord Brahma, Lord Siva appears, who is an expansion of Sadasiva (Lord Siva). Lord Siva plays a role in the creation of living beings and destruction, and is known as Rudra in this role.
8. After 311.040 Trillion years, Lord Siva destroys everything within the universe and the empty shell of the universe goes back into the body pore of Maha-Visnu. Who now inhales and all the universes go back into His body pores.
9. Dull matter or a bang (big or small) or an invisible force cannot create anything. It's the supreme person, Lord Krishna, who creates and maintains millions of universes. The unlimited opulences of Lord Krishna are completely beyond our material conception.

"I am the source of all spiritual and material worlds. Everything emanates from Me. The wise who perfectly know this engage in My devotional service and worship Me with all their hearts." (Lord Krishna, Bhagavad-Gita 10.8)

"This material nature, which is one of My energies, is working under My direction, O son of Kuntī, producing all moving and non-moving beings. Under its rule this manifestation is created and annihilated again and again." (Lord Krishna, Bhagavad-Gita 9.10)

Vedic scripture references:

Srimad Bhagavatam: 2.10.10, 3.11.34, 3.12.13-15, 3.26.52
 Caitanya-caritamrta Adi-Lila 6.79
 Madyha-Lila 20.266,267,273-275, 279-281
 Brahma Samhita 5.10, 15, 45, 48
 Bhagavad-Gita 8.17, 10.20, 11.18, 15.7
 All the above scriptures can be read online at vedabase.com

	Lord Krishna and Sanatan Dharma (The Eternal Religion)	First living being in current cycle, Lord Brahma	First Man and Woman in current cycle (Svayambhva Manu and Satarupa)	Vedas (Vedic knowledge in current cycle)
Time of creation/existence	Eternal	155.522 trillion years	155.522 trillion years	155.522 trillion years

"Brahma, it is I, the Personality of Godhead, who was existing before the creation, when there was nothing but Myself. Nor was there the material nature, the cause of this creation. That which you see now is also I, the Personality of Godhead, and after annihilation what remains will also be I, the Personality of Godhead." (Lord Krishna, Srimad-Bhagavatam 2.9.33)